



MEAL KIT INSTRUCTIONS

BREAKFAST

Breakfast Pizza

Cook at 375° for 15-17 min until 140°

Breakfast Sandwich

Cook at 350° for 5-10 min until egg is 155°

Pancakes/Waffles

Cook at 350° for 8-10 min until 140°

French Toast Sticks

Cook at 350° for 10 min until 140°

LUNCH

Burrito

Cook at 350° for 20 min until 145°

Chicken Drum Stick

Cook at 350° for 15-17 min until 165°

Chicken Nuggets

Cook at 350° for 8-10 min until 165°

Chicken Patty

Cook at 350° for 10-15 min until 165°

Corn Dog

Cook at 375° for 12-15 min until 165°

Fish Patty

Cook at 350° for 10-12 min until 160°

Hamburger

Cook at 350° for 10-15 min until burger reaches 155° or grill until burger reaches 155°

Hot Dog

Cook at 350° for 10-12 min until 155° or grill to 155°

Mini Pizza

Follow instructions on the bag

Popcorn Chicken

Cook at 375° for 6-8 min until 165°

Tater Tots

Cook at 350° 12-17 min until 140°